

# You Are What You Eat:

*The Science of Obesity,  
Disease and Good Health*



Join us for The University of Southern Mississippi  
Gulf Coast Research Laboratory's

## Science Café

Tuesday, September 27, 6–7:30 p.m.

GCRL Dining Hall

703 East Beach Drive, Ocean Springs, MS

(Light refreshments provided)

**Julia S. Lytle, Ph.D.**

**Thomas F. Lytle, Ph.D.**

Professors Emeritus

Department of Coastal Sciences

The University of Southern Mississippi

[www.usm.edu/gcrl/omega-3](http://www.usm.edu/gcrl/omega-3)



*The Science Café offers those with minimal background in science, the chance to meet and discuss scientific issues in a relaxed social setting. Admission is free and open to the public. For more information visit [www.sciencecafes.org](http://www.sciencecafes.org), or contact Joyce Shaw at 228.872.4213 or [joyce.shaw@usm.edu](mailto:joyce.shaw@usm.edu).*



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